

Newsletter

December 2021



West Yorkshire
Critical Care & Major Trauma
Operational Delivery Networks

Welcome to our Critical Care Newsletter 2021

The past 20 months have been unprecedented for the NHS and the impact on Critical Care Units and staff in particular has been extreme. Despite all the challenges, the ways in which we have collaborated as a system have been invaluable in enabling the support of each another in coping with increased patient numbers and escalated capacity. I know many of you have valued this communication and collaboration as a network as it has been hugely beneficial not only for operational and capacity management discussions, but also in providing peer support during this difficult period. On behalf of the network team I would like to say a huge thank you to you and all critical care colleagues for their incredibly supportive attitude during

what are often difficult and stressful situations. I would also like to say a personal thank you for your warm welcome to me as the new network manager this April, having visited all of our Critical Care Units and met with a number of staff, your commitment and dedication is truly inspirational and I am excited for the opportunities that lay ahead for our network and I look forward to continuing to work with you as we embark on the next part of this journey.

The network team wish you all a wonderful and peaceful Christmas and we look forward to seeing you all in the New Year.



Claire Horsfield,
Network Manager &
Lead Nurse

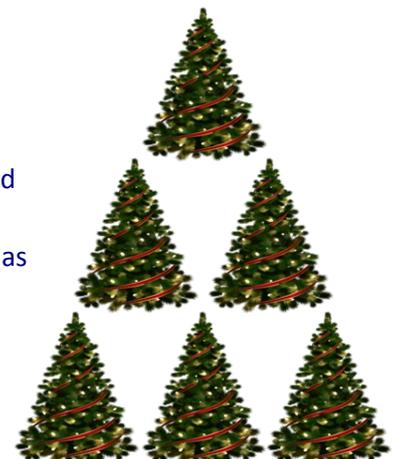
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We would love to hear from you.....

This newsletter aims to provide an update on network activity and national news, if you would like to get involved in any of our groups or you have some news to share in a future edition please get in touch, we want to hear from you.

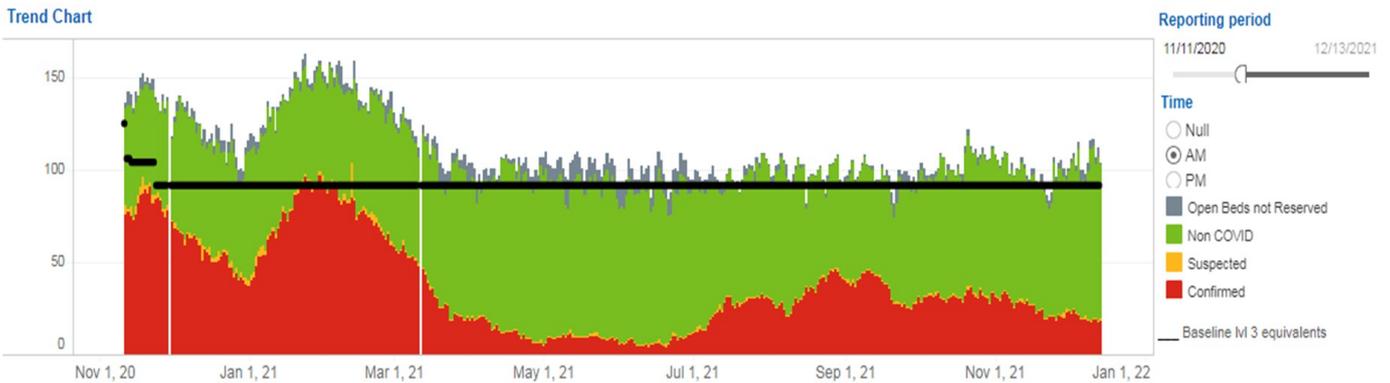
Critical Care Stocktake

In June this year, a national critical care stocktake was undertaken which highlighted a number of areas for consideration for our network both now and in the future. Such issues relate to the number of critical care beds across West Yorkshire as well as reviewing our workforce. The ODN Clinical Advisory Board has now started to consider and discuss the development of Enhanced Care Areas (Level 1 beds) and the workforce implications. We look forward to progressing this work in 2022.



Covid Pandemic Response

Since the start of the Pandemic, we have managed significant and fluctuating numbers of Covid-19 patient both within our critical care units and within 'surge' areas. This was achieved by critical care staff responding to additional demands and working in very different ways and through the redeployment of additional support staff when many other services were stepped down, and we extend our grateful thanks to all those staff, who went the extra mile day after to day in an attempt to keep patients safe. Below is a graph plotting critical care activity in



Peer Reviews

The ODN has started to undertake peer reviews of services. This has enabled us to meet with many groups of staff to benchmark against the latest version of 'Guidelines for the Provision of Intensive Care Services V2 (2019)'. We have now completed the peer review process virtually and are in the process of compiling reports, which will be circulated in the New Year. It has been an extremely helpful process in enabling us to understand your successes over the past 12 months, along with acknowledging your current and future challenges and what we as a network can do to support you in delivering the best critical care possible.

GUIDELINES FOR THE PROVISION OF INTENSIVE CARE SERVICES

Edition 2
June 2019



Yorkshire & Humber Adult Critical Care Transfer Service (ACCTS)

NHS England are in the process of establishing an Adult Critical Care Transfer Service for the Yorkshire & Humber region, which will cover South Yorkshire & Bassetlaw, West Yorkshire & Humber Coast & Vale. The current planning assumptions are this service will be place by April 2022, initially providing day time cover although the long term plan is this will be a 24/7 service. We are currently in the early stages of development and looking to identify a host provider for the transfer service. A Project Board has been set up which includes clinicians from across the Yorkshire and Humber region who are providing expertise clinical input in developing the service. We will be providing further communications in the new year to keep you informed of progress and seeking your views on the service to allow this to be fed into the development of service specification.





Professional Nurse Advocate Role

Pre-COVID19 data showed that a third of Critical Care Nurses experienced severe burnout, with 86% experiencing one of the three classic symptoms of exhaustion, depersonalisation and reduced personal accomplishment. (Moss et al. 2016).

The pandemic has exacerbated this exponentially, leading to a desperate need to prioritise the mental health and well-being of nurses and reduce emotional burnout, (Nicki Credland, Chair of BACCN, 2021).

In response, Ruth May (Chief Nursing

Officer for England) announced in March 2021 the immediate roll out of the Professional Nurse Advocate Programme in England starting with 400 critical care nurses.

Each Critical Care unit in West Yorkshire has at least one nurse who has completed or is undertaking PNA training. They are there to support all critical care nurses through restorative clinical supervision (RCS), education/development and quality improvement. All of which aim to have a positive impact on staff well-being, patient safety and experience.

To arrange a RCS session or find out more about this role speak to the PNA on your unit or follow the link [>>>](#)

Operational Delivery Networks (ODNs) were launched in April 2013 following the publication of the NHS England strategy to sustain and develop clinical networks, Developing Operational Delivery Networks; The Way Forward [>>>>](#)

National Critical Care News

A number of national working groups have been established to support delivery of critical care across England. Some of the key changes will be around development of enhanced care areas, improving the **Directory of Services** data collection and reporting system, workforce planning and the development of regional **Adult Critical Care Transfer Services (ACCTS)**.

Critical Care Nurse Education An investment of £10 million has been provided to support access for critical care registered nursing staff to undertake a national standard critical care course, for West Yorkshire Leeds Teaching Hospitals has been successfully selected to deliver the course including competency Steps 1, 2 & 3. Other providers of critical care education are

available and we will be circulating a complete list soon.

We are also expecting additional investment for our critical care clinical educators; this funding would be for one year only and would be targeted to increase the numbers of unit educators as well as supporting achievement of educational qualification.

Improvement Projects Highlights

The Network forums meet quarterly in normal times, but due to the pandemic not all meetings have taken place, however on reflection, progress has been maintained and some of the planned quality improvement outcomes for the year have been achieved.

- ◆ Delivery of 3 Critical Care Transfer Training Days to a total of 55 nurses, doctors and AHP's in West Yorkshire
- ◆ Monitored incident reports to identify trends, resulting in the development of best practice guidelines for caring for patients in single rooms, collaboration with LTHT to host a Tissue Viability Conference specifically for critical care and establishment of a medicine safety group
- ◆ Benchmarked 19 areas of clinical practice pertinent to critical care, sharing areas of good practice and implementing action plans based on gaps identified through benchmarking
- ◆ Completed the suite of best practice educational tools that can be used as quick look guides for the MDT
- ◆ Commenced the development of a Rehabilitation Education package for the critical care MDT
- ◆ Collaborated the REBOOT (REcovery BOOsting Training) programme to prepare Critical Care Nurses for, and aid recovery after, stressful clinical events



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Reboot Coaching Programme

The Burdett Trust provided funding for a research collaboration between the West Yorkshire Critical Care Network, University of Leeds and Bradford Teaching Hospitals. The Reboot programme prepares Critical Care Nurses for the highly stressful clinical events routinely faced in their work, which have intensified during COVID- 19. It also equips Critical Care Nurses with the practical and psychological tools to learn and move forwards after such events. Around 30 nurses from West Yorkshire are taking part in the study and have found the sessions extremely helpful. We will have more feedback from the study in 2022.

Contact Us

If you have any queries in relation to the content of this newsletter, need any support or if you have any content ideas for future editions please get in touch via email at leedsth-tr.WYorksODN@nhs.net

ODN Network Team

The West Yorkshire Critical Care and Major Trauma Operational Delivery Network is made up of a small team.



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WE WISH YOU
MERRY CHRISTMAS AND HAPPY NEW YEAR