

# COVID-19 ICU Remote Learning Course (CIRLC)

*"This course has given me a new insight into ICU monitoring and caring for the critically ill. As a redeployed nurse to ICU due to COVID, I am feeling more confident now."*

**Available now to NHS trusts**

**Tried and tested, one-day online training in COVID-19 intensive care for non-ICU staff – endorsed by the Intensive Care Society**

**Meets your urgent training needs for redeploying staff to ICU, with minimal disruption to your existing ICU workforce**

*"I cannot tell you how brilliant this has been for me and I honestly think I am converted to web based training and would consider an annual course like this as part of maintaining my respiratory competencies"*

*"It really has reduced my apprehension about possibly having to work on ITU and given me a starting framework for learning about ITU assessment, ventilation and ARDS management."*

## What is CIRLC?

The COVID-19 ICU Remote Learning Course (CIRLC) is a one-day online training course, which prepares non-ICU doctors, nurses and physiotherapists for redeployment in ICU. Easily and safely accessible, it offers a mix of virtual lectures and "live" tutorials delivered by experienced ICU clinicians.

**Between 25 March and 10 July 2020, CIRLC successfully trained around 2,000 non-ICU staff with 115 tutors. 96% of respondents rated the course very or extremely useful.**

## What does the course cover?

### For non-ICU doctors and nurses:

ICU monitoring and interpretation

Basic good ICU care

Mechanical ventilation

Management of Acute Respiratory Distress Syndrome (ARDS)

Vasoactive and sedative drugs

### For non-ICU physiotherapists:

ICU monitoring and interpretation

Assessment of the critically ill patient

Mechanical ventilation

Management of Acute Respiratory Distress Syndrome (ARDS)

Physiotherapy interventions in the COVID patient

CIRLC maps to the London Transformation and Learning Collaborative (LTLC) agreed essential criteria for non-ICU physiotherapists on ICU.

## How does it work?

You decide who in your trust would benefit and when to set the course, which runs virtually from 9am to 5pm. Your trainees are guided through the day. They can learn at their own pace with pre-recorded elements, and take part in online group discussions led by experienced tutors, who encourage people to ask questions, check and challenge.

## To book this course

Please contact the Education Lead at your trust to book the course via the Salisbury Procurement Portal. If you need further advice, contact Lauren Thorpe at [CIRLCrehab@brunel.ac.uk](mailto:CIRLCrehab@brunel.ac.uk) or [Lauren.Thorpe@brunel.ac.uk](mailto:Lauren.Thorpe@brunel.ac.uk)

CIRLC is designed and run by 33N and Brunel University, and endorsed by the Intensive Care Society.

33N Limited is a company of NHS clinicians and data scientists, which provides education and service redesign solutions to NHS Health Education England and NHS trusts across the UK.

 **intensive care society**

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