

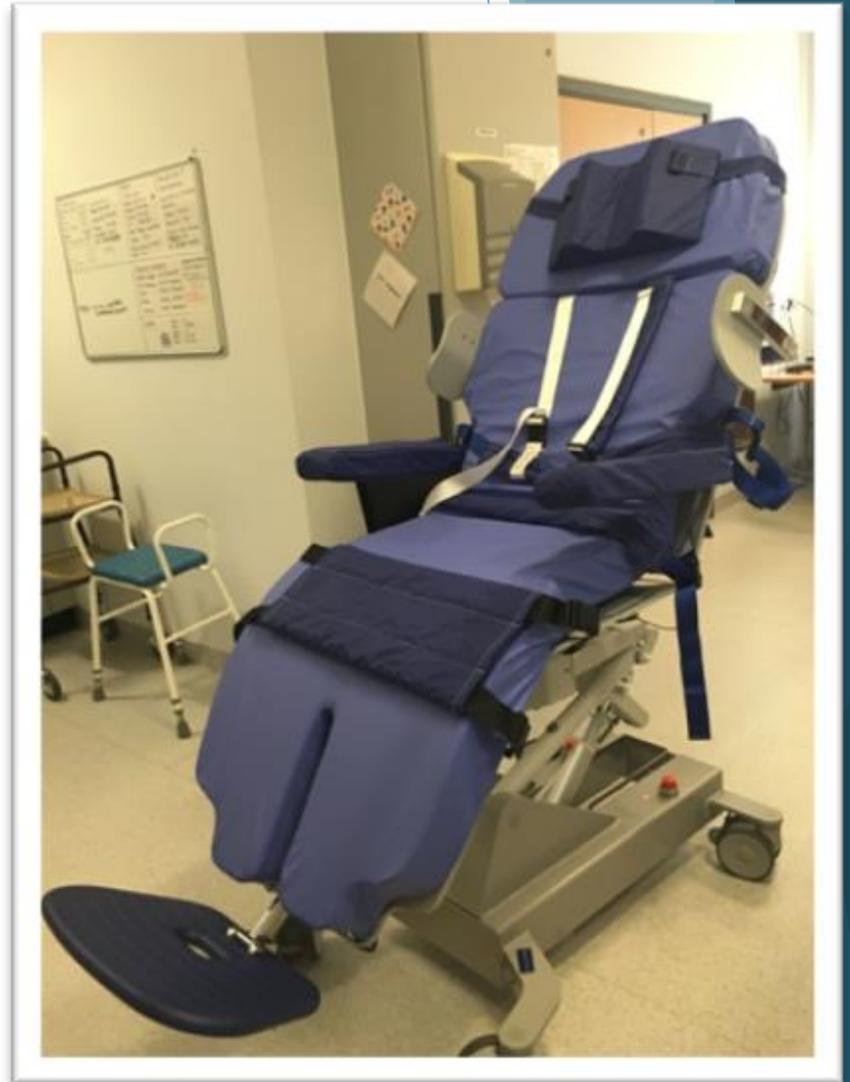
Use of the Sara Combiliser

Multifunctional positioning aid

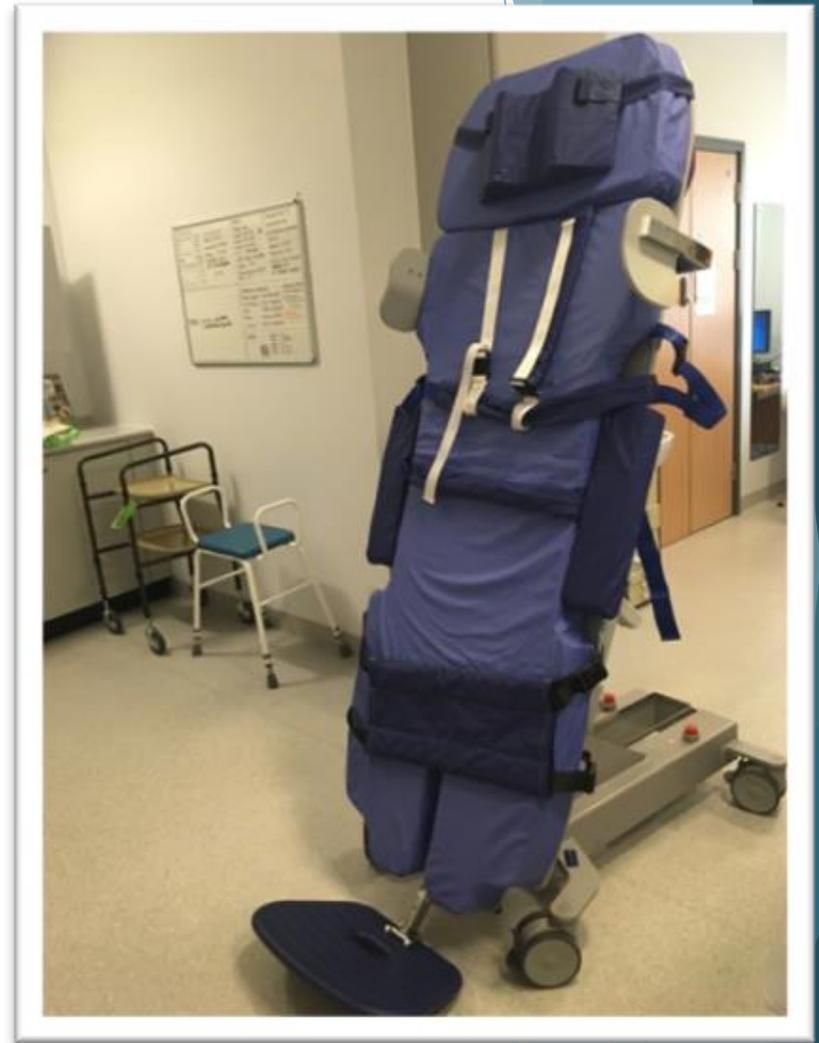
The Sara Combiliser is a useful piece of equipment to aid early mobilisation with the ICU patient.

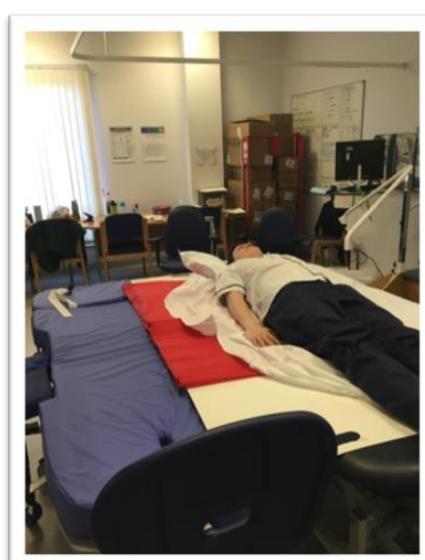
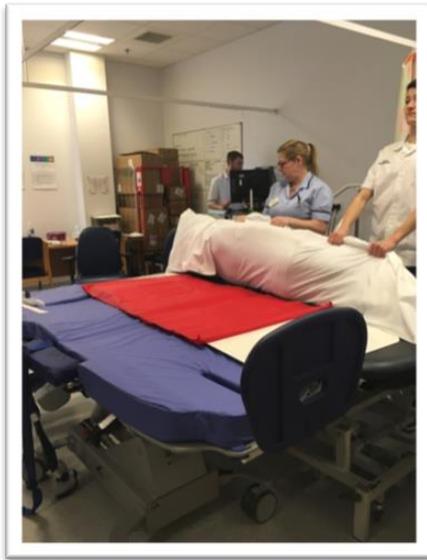
Early mobilisation has been shown to improve respiratory muscle function and ventilator weaning. It can also improve level of alertness and psychological well-being.

- ▶ Using the Sara Combiliser allows earlier sitting out with less strain on staff and patients. It has been found to be more comfortable than some alternative chairs leading to better tolerance. It has a tilt in space function and offers security with the safety straps - lap belts and shoulder straps as well as a unique head support for those with poor head control.
- ▶ This piece of equipment can also be used as a tilt table allowing early supported standing to aid proprioceptive feedback and stimulus.
- ▶ In both positions there is the added function of the “Trendelenburg” position which allows side to side weight transference.



For patients who need a safe mode of transferring for early mobilisation which also allows a greater degree of support with tilt in space function if needed and the ability to progress to supported standing, the Sara Combiliser has proved to be an effective piece of equipment.





To transfer a patient to the Sara Combiliser the unit needs to be flat, a pat slide and slide sheet should be positioned under the patient in the bed using as many members of staff to turn safely.



Once the patient has been transferred in this manner apply appropriate safety straps. Ensure all lines and ventilation tubing secure and use the hand control to sit the patient up in the chair function

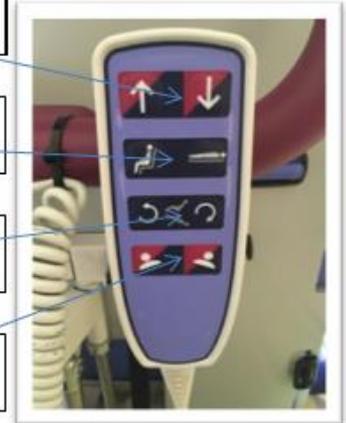


Height adjustment

Lying to sitting

Tilt in space

Side to side tilt



Or if using in the with the tilt table, ensure all safety straps in place and using the control panel at the back of the unit set into the correct mode.



Whilst flat, press the red button until you hear a “click”
The unit will then be ready to use in tilt table position. Use the up and down arrows to raise and lower.

When returning to chair function, press the blue button when the unit is flat and again wait for a “click”



Height adjustment

Check your understanding...

True or False

- ▶ Q1) The Sara Combiliser aids early mobilisation for ICU patients?
- ▶ Q2) The Combiliser has only 1 function as a lay flat chair?
- ▶ Q3) The lap strap should always be in place when a patient is sitting in it?
- ▶ Q4) The foot plate can't be adjusted for the patient's height?

Answers

- ▶ Q1) The Sara Combiliser aids early mobilisation for ICU patients? Answer; True
- ▶ Q2) The Combiliser has only 1 function as a lay flat chair? Answer: False, it has 2 functions, lay flat chair and a tilt table.
- ▶ Q3) The lap strap should always be in place when a patient is sitting in it? Answer: True
- ▶ Q4) The foot plate can't be adjusted for the patient's height? Answer: False, it can be adjusted to fit the patient.