**Request for Information – Feedback Summary Sheet**

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| **Request made by:** | | Alison Richmond | | **Responses to be sent back to:** | [rachel.waddington1@nhs.net](mailto:rachel.waddington1@nhs.net) |
| **Date request made:** | | 15/07/21 | | **Date sent out:** | 15/08/2021 |
| **Details of Request:** | | I was wondering if you know of any units that have a psychologist for patients, either within our region or further afield? It would be useful to link with them if possible, to discuss the benefits of the service. | | | |
| **No.** | **Response Received From:** | | **Details of Response:** | | |
| 1 | Donna Higgins  Northern Lincolnshire and Goole | | Unfortunately, we don’t have a psychologist to support our patients though we are hoping to in the future. | | |
| 2 | Ifor Evans  NHS Wales Health Collaborative | | There is a national lead for psychology who has done work on this and said to contact her  [julie@ics.ac.uk](mailto:julie@ics.ac.uk)  Contacted and sending over business case | | |
| 3 | Joanne King  Barnsley | | We have a CBT therapist for our patients. The critical care rehabilitation team refer the patients as appropriate. If the patient needs a different therapy the therapist refers the patient on. | | |
| 4 | Duncan Tragheim  Lead Nurse/Clinical Service Manager Critical Care  Sheffield Teaching Hospitals NHS Foundation Trust | | We have the support of a Clinical Psychologist | | |
| 5 | Emma Whitby  Rehabilitation Sister & Counsellor | | Following your network request-I’ve copied in Whiston Hospitals ICU psychologist Sangeetha who you can contact,  Please let me know if I can help further | | |
| 6 | Liz Simon Principal Clinical Psychologist – Critical Care  Liverpool Heart & Chest Hospital NHS FT | | Happy to help if I can.  There’s a growing network of psychologists in the region and nationally working in to Critical Care.  I am told there is even a special interest group for psychologists in critical care who meet via Teams every couple of months to link in and share ideas.    The role here is quite new (3 weeks in!) and we are finding our feet with the service wants and needs; referral criteria etc – but email me again in a few weeks once things are clearer and I’ll be happy to help. | | |
| 8 | Sandra Taylor  Critical Care Follow up  Queen Alexandra Hospital | | Sadly we do not have one but have always added it to our business case, so really hoping we will be successful at some stage. We  have to rely on either contacting iTalk or talking change for referrals for post ITU patients. | | |
| 9 | SSR Fiona Hall  GICU follow up service lead  Southampton | | No we haven't yet for patients (recently have for staff). There is a business case being submitted for this though ie with patients, across all the ICUs at UHS. | | |
| 10 | Kirsty Gamet  Critical Care Outreach Physiotherapist  North Hampshire Hospitals Foundation Trust  Tel: 01256 473202 x44174 | | I received your message through the Wessex Network. Just to let you know of the models we have at North Hampshire Hospitals NHS (Basingstoke & Winchester Hospitals). We don’t have funding for psychology support, and desperately would like it! We used to “borrow” time of a funded psychologist for our specialist surgical cancer patients, who would cover cancer patients on critical care and the wards, and occasionally see non- cancer critical care patients for us who met the criteria. Unfortunately since the pandemic, she is no longer clinical.  More recently, we have made fantastic links with “iTalk” https://www.italk.org.uk/italk, Hampshire's NHS Talking Therapy Service Support. If you've been feeling down or overwhelmed lately, our guided self-help options empower you to get back on track. Try SilverCloud, our online CBT programme, available 24/7 from any device.. Or our Managing Moods webinars, now available as a 6 week online course.  www.italk.org.uk  and they have expanded to now accept professional referrals for patients whilst in critical care/ the wards/once home (we often refer patients seen in our Critical Care Follow Up clinic). They can support the inpatients virtually via Teams.  If you would be interested, I can put you in touch with the lead clinical psychologist Dr Shalini Rahman. | | |
| 11 | Wendy Weston  Deputy Sister  Critical Care Unit  Dorset County Hospital NHS Foundation Trust  01305255596 | | I am one of the sisters/CPE's in Critical Care at Dorset County Hospital and also one of the lead nurses for follow up. We have a psychologist who helps with our follow up clinics and also with staff well being her name is Meherzin Das. I am unsure as yet of how she is funded. One of our consultants Ruth Thomas may be able to help more with that as she was integral in securing this service | | |
| 12 | Emma Whitby  Rehabilitation Sister & Counsellor  Ward 4E  Whiston Hospital  0151 430 2382 | | Following your network request-I’ve copied in Whiston Hospitals ICU psychologist Sangeetha who you can contact,  Please let me know if I can help further, | | |
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